

Mental Health Services for Children and Adolescents

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SAMHSA
Substance Abuse and Mental Health
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Did you know...



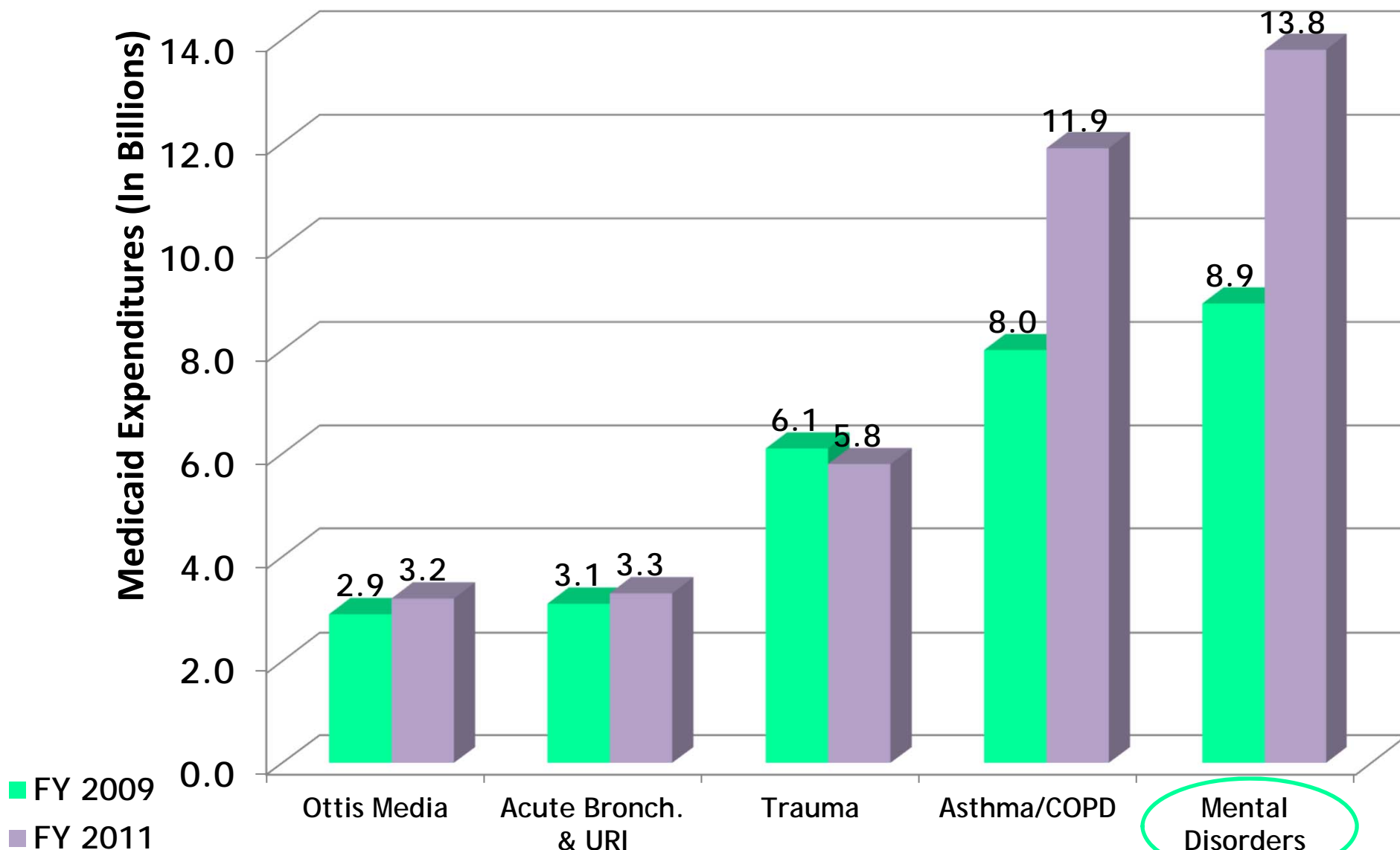
- It is estimated that a total of 13-20% of children and adolescents have a diagnosable mental, emotional, or behavioral disorder, and this costs the public \$247 billion annually.
- 50% of adult mental illness occurs by age 14; 75% by age 24
- 1 in 10 children in the US suffer from a serious emotional disturbance (SED).
- 1 in 5 young adults aged 18 to 25 (18.7%) had any mental illness in the past year and 3.9% had a serious mental illness.
- In 2015, suicide was the third leading cause of death among youth ages 10-14 and the second leading cause of death between ages 15-34.

SLC State-Level Data

According to SAMHSA's National Survey on Drug Use and Health (NSDUH) 2016:

- Major Depressive Disorder in the past year (ages 12-17)
 - Missouri among the states with the highest annual average percentage
 - Oklahoma and West Virginia in category with the next highest annual average percentage
 - Overall, rates increased significantly across the Southern states from ~8% in '08-'09 to ~12% in '15-/16
 - *increase significant for the entire country
- Substance Use Disorder in the past year (ages 12-17)
 - SLC states clustered around the lowest annual average percentage of the entire country
 - Southern states also had the lowest prevalence across all age groups

Medicaid Expenditures for the Five Most Costly Conditions in Children (in Billions)



Source: Center for Financing, Access, and Cost Trends, Agency for HealthCare Research and Quality, 2009, 2011

SAMHSA – Who we are and What we do



- Lead public health efforts to advance the behavioral health of the nation and reduce the impact of substance use and mental illness on America's communities
- Provide grants, contracts, and partnerships to make behavioral health information, services, and research more accessible



Existing Initiatives

- Systems of Care/Children's Mental Health Initiative
- School Initiatives
 - Project LAUNCH, Project AWARE, SS/HS, IECMHC
- Statewide Family Networks
- Healthy Transitions
- Trauma
 - NCTSI/NCTSN, ReCAST
- Suicide
 - GLS State/Tribal, National Suicide Prevention Lifeline
- Faith-based Initiatives
- Circles of Care
- Native Connections
- Disaster Assistance
 - CCP, Disaster Behavioral Health Program, DTAC
- Drug Free Communities
- Talk. They Hear You.
- Pregnant and Postpartum Women (PPW)



Examples of Unique Partnerships

- Open Table, www.theopentable.org
 - Faith-based model to transform the lives of individuals, families, and Communities.
 - Similar to the wraparound model
 - Open Table White Paper
- National Center on Substance Abuse and Child Welfare (NCSACW), <https://ncsacw.samhsa.gov/>
 - Provides information, expert consultation, training and technical assistance to child welfare, dependency court and substance abuse treatment professionals to improve the safety, permanency, well-being and recovery outcomes for children, parents, and families.
 - May 2018 Convening in Kansas City



Specific SLC State Efforts

- There are amazing things happening across the SLC states
 - Centers of Excellence
 - State-wide Wraparound Implementation
 - Mobile Response and Stabilization Services
 - Coordination with Child Welfare and Juvenile Justice
 - Early Identification of Psychosis
 - Other Policy and Systems Changes



State Examples – South Carolina

- **South Carolina Center of Excellence**
 - Helps identify and support the use of EBPs for children, youth, and families
 - Part of the Palmetto Coordinated System of Care providing family-centered and seamless supports for children and families in need
- **Building Bridges Initiative**
 - Collaborative effort to promote positive long term outcomes for youth and families touched by residential interventions
- **Federation of Families – Peer Support**
 - Ongoing leadership, curriculum development and training for Youth Peer Support Specialists
 - Parent Peer Support Specialists
- **Cultural and Linguistic Competence Activities**

State Examples – Oklahoma

- Oklahoma Communities of Care (COC)
 - Collaboration between Dept of Human Services and OK Systems of Care (through Dept of Mental Health and Substance Abuse Services)
 - Includes: (1) Embedded Care Coordinators, (2) the “Support is Everyone’s Job Initiative,” and (3) Mobile Stabilization Teams
 - Outcomes:
 - At a 6 month assessment, youth in the OK SOC showed, (1) improved day-to-day functionality; (2) more positive assessment of family life; and (3) reduction in behavioral problems
 - Decreased detentions and suspensions from school
 - Decreased law enforcement contact
 - Decrease self-harm and suicide attempts
 - Referrals across systems increased over time
 - Staff across systems/partnering agencies reported positive program impacts and benefits

State Examples – Texas

- The Texas Center
 - Center of excellence providing continuous quality improvement, policy, financing, research, evaluation, and workforce development expertise to support Wraparound implementation across Texas
- Wraparound and Foster Care
 - 2015-2016: 1915(c) waiver expanded to require Wraparound as the care coordination model and expanded to foster care youth
 - 2017: \$2 million to support local MH authorities and private providers to provide additional services to youth in foster care
- Child Welfare Policy Changes
 - ~\$9million  for Prevention and Early Intervention services
 -  Accountability of Child Placing Agencies in providing timely screening
 - Expanded use of Child Welfare CANS to every 90 days
 - Required data sharing and annual reports between juvenile justice and child welfare for dually involved youth
 - Child Welfare made a stand-alone agency

What's New?



- New Grants:
 - Community Programs for Outreach and Intervention with Youth and Young Adults at Clinical High Risk (CHR) for Psychosis Grants
 - Infant and Early Childhood Mental Health Grant
 - Mental Health Awareness Training Grants (MHAT)
 - Mental Health Technology Transfer Center Cooperative Agreements (MHTTC)
 - Enhancement and Expansion of Treatment and Recovery Services for Adolescents, Transitional Aged Youth, and their Families (Youth and Family TREE)
- Other New Activities:
 - Federal Commission on School Safety
 - National Threat Assessment Center's Guide

Resources

- **SAMHSA's webpage on children's mental health**, <https://www.samhsa.gov/children>
 - National Training and Technical Assistance Center for Child, Youth & Family Mental Health (NTTAC), <https://www.samhsa.gov/nttac>
 - IECMHC, <https://www.samhsa.gov/iecmhc>
- **Trauma**
 - NCTSI, <https://www.samhsa.gov/child-trauma>; NCTSN, <https://www.nctsn.org/>
- **School-based**
 - SS/HS, <https://www.samhsa.gov/safe-schools-healthy-students>
- **Suicide Prevention**, <https://www.samhsa.gov/suicide-prevention>
- **Substance Use**
 - Talk. They Hear You. <https://www.samhsa.gov/underage-drinking>
 - Too Smart to Start, <https://www.samhsa.gov/too-smart-start>
- **Disaster**
 - DTAC, <https://www.samhsa.gov/dtac>
- **Faith-based and Community Initiatives**, <https://www.samhsa.gov/faith-based-initiatives>
- **Tribal**
 - Native Connections, <https://www.samhsa.gov/native-connections>
 - Circles of Care, <https://www.samhsa.gov/tribal-ttac/circles-care>

Thank you!

SAMHSA's mission is to reduce the impact of substance abuse and mental illness on America's communities.

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